



OLYMPISK – HERRAR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|--------------------|--------------------------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Martin Fredriksson | I 2 IF Karlstad | 00:23:24 | 3 | 00:00:47 | 00:56:47 | 1 | 00:01:05 | 00:38:28 | 1 | 02:00:33 |
| 2 | Jakob Karlsson | IK NocOut.se | 00:24:20 | 6 | 00:00:28 | 00:59:44 | 2 | 00:00:59 | 00:40:52 | 3 | 02:06:25 |
| 3 | Markus Nymark | 3City Triathlon | 00:24:05 | 4 | 00:00:44 | 01:00:48 | 3 | 00:00:58 | 00:40:21 | 2 | 02:06:57 |
| 4 | Martin Cederquist | Terrible Tuesdays Triathlon Club | 00:22:43 | 2 | 00:00:50 | 01:03:48 | 4 | 00:01:02 | 00:41:36 | 7 | 02:10:01 |
| 5 | Cristian Nae | Triathlon Syd | 00:26:38 | 8 | 00:00:45 | 01:04:56 | 6 | 00:01:02 | 00:44:12 | 9 | 02:17:35 |
| 6 | Jonas Harjula | I 2 IF Karlstad | 00:26:28 | 7 | 00:01:30 | 01:04:15 | 5 | 00:00:42 | 00:44:52 | 10 | 02:17:48 |
| 7 | Fredrik Weng | Hammarö | 00:22:02 | 1 | 00:00:59 | 01:08:29 | 11 | 00:00:59 | 00:49:28 | 17 | 02:21:57 |
| 8 | David Larnemark | I 2 IF Karlstad | 00:30:57 | 17 | 00:01:10 | 01:07:10 | 9 | 00:01:40 | 00:42:32 | 8 | 02:23:31 |
| 9 | Alfred Magnusson | I 2 IF Karlstad | 00:30:43 | 15 | 00:01:36 | 01:09:11 | 12 | 00:02:05 | 00:40:53 | 4 | 02:24:30 |
| 10 | Erik Sundström | Set Sail IF | 00:31:10 | 18 | 00:01:28 | 01:05:43 | 8 | 00:01:29 | 00:45:55 | 12 | 02:25:47 |
| 11 | Josef Hektor | Kjif | 00:31:53 | 20 | 00:01:25 | 01:09:52 | 13 | 00:01:16 | 00:41:33 | 6 | 02:26:00 |
| 12 | Fredrik Häggmark | Fredrik Häggmark Västra Ämtervik | 00:24:20 | 5 | 00:04:35 | 01:15:44 | 25 | 00:02:11 | 00:40:58 | 5 | 02:27:50 |
| 13 | Jerker Eriksson | Kristinehamns Multisport Klubb | 00:27:40 | 10 | 00:00:57 | 01:12:48 | 20 | 00:00:52 | 00:46:28 | 13 | 02:28:48 |
| 14 | Per Cöster | Söderberg & Partners Idrottsförening | 00:30:06 | 13 | 00:01:10 | 01:13:35 | 23 | 00:01:22 | 00:47:08 | 14 | 02:33:22 |
| 15 | Jens Otterstedt | Race & Shine Sports Club | 00:32:49 | 23 | 00:01:45 | 01:12:47 | 19 | 00:01:28 | 00:45:52 | 11 | 02:34:43 |
| 16 | Håkan Bylerius | I 2 IF Karlstad | 00:30:47 | 16 | 00:01:10 | 01:12:20 | 16 | 00:01:02 | 00:49:36 | 18 | 02:34:57 |
| 17 | Kenny Wetterberg | Team LeWa Sport | 00:28:11 | 11 | 00:00:40 | 01:12:24 | 17 | 00:00:54 | 00:53:19 | 23 | 02:35:29 |
| 18 | Mikael Jern | CX3 Karlstad | 00:33:45 | 25 | 00:01:13 | 01:13:06 | 22 | 00:01:00 | 00:48:03 | 15 | 02:37:09 |
| 19 | Johan Rundberg | Brohyttans lf | 00:30:35 | 14 | 00:02:14 | 01:14:51 | 24 | 00:01:18 | 00:48:53 | 16 | 02:37:54 |
| 20 | Jonas Berg | I2 IF Triathlon | 00:31:31 | 19 | 00:01:10 | 01:16:56 | 27 | 00:01:16 | 00:52:54 | 21 | 02:43:49 |
| 21 | Göran Wahlgren | OK Kroppefjäll | 00:36:05 | 29 | 00:01:30 | 01:12:28 | 18 | 00:01:25 | 00:54:05 | 24 | 02:45:33 |
| 22 | Lennart Peterson | 3City Triathlon | 00:35:40 | 27 | 00:01:13 | 01:13:04 | 21 | 00:01:50 | 00:54:40 | 26 | 02:46:28 |
| 23 | Mikael Holmberg | Hammarö | 00:36:04 | 28 | 00:01:50 | 01:10:38 | 14 | 00:01:13 | 00:56:51 | 29 | 02:46:37 |
| 24 | Thomas Parklund | I 2 IF Karlstad | 00:33:38 | 24 | 00:01:18 | 01:11:16 | 15 | 00:01:32 | 01:00:07 | 31 | 02:47:54 |
| 25 | Richard Nordlander | | 00:40:35 | 33 | 00:02:40 | 01:07:22 | 10 | 00:02:21 | 00:55:02 | 27 | 02:48:02 |
| 26 | Gustav Nilsson | Trianglarna | 00:32:43 | 22 | 00:01:23 | 01:17:24 | 29 | 00:01:09 | 00:55:24 | 28 | 02:48:04 |

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|------------|--------------------------|-------------------|----------|----|----------|----------|----|----------|----------|----|----------|
| 27 | Johannes Persson | Trianglarna | 00:36:09 | 31 | 00:01:25 | 01:18:55 | 32 | 00:00:51 | 00:52:48 | 20 | 02:50:10 |
| 28 | Pawel Tokarczyk | Team Surkål | 00:34:31 | 26 | 00:02:21 | 01:17:20 | 28 | 00:02:11 | 00:54:19 | 25 | 02:50:43 |
| 29 | Richard Jensen | Karlstad | 00:36:05 | 30 | 00:01:36 | 01:25:33 | 33 | 00:01:32 | 00:53:07 | 22 | 02:57:55 |
| 30 | Staffan Edberg | | 00:27:33 | 9 | 00:02:51 | 01:17:42 | 30 | 00:02:03 | 01:08:05 | 33 | 02:58:15 |
| 31 | Jonas Ljungh | Team B3IT | 00:44:55 | 35 | 00:01:46 | 01:15:47 | 26 | 00:01:39 | 00:57:48 | 30 | 03:01:57 |
| 32 | Erik Wangsten | Grums | 00:44:08 | 34 | 00:01:54 | 01:28:48 | 35 | 00:00:48 | 00:49:48 | 19 | 03:05:28 |
| 33 | Gabriel Jarleskog | Örebro AIK | 00:38:59 | 32 | 00:01:53 | 01:28:30 | 34 | 00:02:05 | 01:05:29 | 32 | 03:16:59 |
| 34 | Fredrik Berglund Pihl | Umara Sports Club | 00:32:22 | 21 | 00:02:08 | 01:18:06 | 31 | 00:06:10 | 01:23:07 | 34 | 03:21:55 |
| 35 | Arvo Harjula | I 2 IF Karlstad | 01:02:46 | 36 | 00:01:46 | 01:32:41 | 36 | 00:02:37 | 01:21:30 | 35 | 04:01:22 |
| DNF | Calle Frisk | I 2 IF Karlstad | 00:28:21 | 12 | 00:00:42 | 01:05:16 | 7 | 00:00:56 | | | |

Resultat 2018



SPRINT – HERRAR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|-----------------------------|----------------------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Robin Blom | I 2 IF Karlstad | 00:07:14 | 6 | 00:00:31 | 00:31:06 | 5 | 00:00:40 | 00:19:15 | 2 | 00:58:48 |
| 2 | Oskar Larsson | Örebro AIK | 00:07:05 | 4 | 00:00:54 | 00:31:05 | 4 | 00:00:43 | 00:19:20 | 3 | 00:59:10 |
| 3 | Jeff Lundgren Frydenlund | Umara Sports Club | 00:06:27 | 2 | 00:00:34 | 00:30:49 | 3 | 00:00:40 | 00:21:28 | 13 | 01:00:00 |
| 4 | Robin Thuresson | Terrible Tuesdays Triathlon Club | 00:07:19 | 8 | 00:00:43 | 00:30:47 | 2 | 00:00:51 | 00:20:50 | 8 | 01:00:32 |
| 5 | Emil Dansk | Terrible Tuesdays Triathlon Club | 00:05:54 | 1 | 00:00:38 | 00:34:47 | 12 | 00:00:48 | 00:20:43 | 7 | 01:02:52 |
| 6 | David Nordentjell | I 2 IF Karlstad | 00:07:42 | 14 | 00:00:55 | 00:32:27 | 6 | 00:00:40 | 00:21:32 | 14 | 01:03:17 |
| 7 | Klas Nordentjell | BOOKMAN Triathlon | 00:08:51 | 24 | 00:01:26 | 00:30:45 | 1 | 00:01:14 | 00:21:22 | 12 | 01:03:39 |
| 8 | Fredrik Eriksson | I 2 IF Karlstad | 00:07:31 | 12 | 00:00:00 | 00:34:52 | 14 | 00:00:48 | 00:20:42 | 6 | 01:03:54 |
| 9 | Andreas Lindqvist | I 2 IF Karlstad | 00:07:03 | 3 | 00:01:27 | 00:33:20 | 8 | 00:01:20 | 00:21:06 | 10 | 01:04:18 |
| 10 | Patrik Pettersson | I 2 IF Karlstad | 00:07:54 | 15 | 00:00:49 | 00:34:18 | 10 | 00:00:52 | 00:21:06 | 11 | 01:05:01 |
| 11 | Victor Pantzare | Umara Sports Club | 00:07:16 | 7 | 00:01:09 | 00:34:13 | 9 | 00:00:54 | 00:21:54 | 15 | 01:05:28 |
| 12 | Per Alsterdal | Special-Elektronik | 00:10:00 | 35 | 00:01:17 | 00:36:34 | 22 | 00:01:04 | 00:17:30 | 1 | 01:06:27 |
| 13 | Albin Sigby | I 2 IF Karlstad | 00:09:36 | 28 | 00:00:46 | 00:35:13 | 17 | 00:00:37 | 00:20:40 | 5 | 01:06:54 |
| 14 | Eric Lagerström | Garphyttans IF | 00:07:27 | 11 | 00:00:51 | 00:35:11 | 16 | 00:00:51 | 00:22:43 | 18 | 01:07:05 |
| 15 | Thomas Jansson | I 2 IF Karlstad | 00:07:35 | 13 | 00:01:18 | 00:36:55 | 25 | 00:01:11 | 00:20:07 | 4 | 01:07:07 |
| 16 | Johannes Forsberg | I 2 IF Karlstad | 00:07:25 | 10 | 00:01:05 | 00:34:26 | 11 | 00:00:53 | 00:23:49 | 24 | 01:07:39 |
| 17 | Johan Sjö | Örebro AIK | 00:07:10 | 5 | 00:01:09 | 00:37:15 | 26 | 00:00:52 | 00:23:04 | 21 | 01:09:31 |
| 18 | Jan Lindell | I 2 IF Karlstad | 00:07:23 | 9 | 00:00:56 | 00:34:50 | 13 | 00:01:02 | 00:25:18 | 35 | 01:09:32 |
| 19 | Sören Torstensson | I 2 IF Karlstad | 00:09:27 | 26 | 00:00:58 | 00:32:50 | 7 | 00:01:11 | 00:26:04 | 37 | 01:10:32 |
| 20 | Per Ekeberg | | 00:08:46 | 22 | 00:01:58 | 00:36:45 | 24 | 00:01:20 | 00:22:10 | 17 | 01:10:59 |
| 21 | Markus Aadusaar | Karlstad | 00:09:16 | 25 | 00:01:12 | 00:36:14 | 21 | 00:01:06 | 00:23:11 | 22 | 01:11:00 |
| 22 | Johan Lindqvist | Karlstad | 00:08:12 | 18 | 00:01:14 | 00:40:24 | 37 | 00:00:58 | 00:20:53 | 9 | 01:11:43 |
| 23 | Fredrik Stene | Sundbyberg | 00:09:44 | 29 | 00:01:18 | 00:36:01 | 19 | 00:01:00 | 00:24:19 | 28 | 01:12:24 |
| 24 | Peter ÅKESSON | Team LeWa Sport | 00:08:37 | 21 | 00:00:58 | 00:35:24 | 18 | 00:00:53 | 00:27:06 | 40 | 01:12:59 |
| 25 | Stefan Wennberg | I 2 IF Karlstad | 00:08:03 | 16 | 00:01:20 | 00:37:18 | 27 | 00:01:08 | 00:25:15 | 34 | 01:13:06 |
| 26 | Robert Huldén | Jason = Rörelseglädje | 00:08:08 | 17 | 00:00:56 | 00:40:44 | 41 | 00:00:37 | 00:22:48 | 19 | 01:13:15 |

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| | | | | | | | | | | | |
|----|-------------------|----------------------|----------|----|----------|----------|----|----------|----------|----|----------|
| 27 | Roger Elimä | Örebro AIK | 00:10:33 | 41 | 00:02:10 | 00:36:40 | 23 | 00:00:56 | 00:23:03 | 20 | 01:13:24 |
| 28 | Roger Holst | | 00:10:06 | 38 | 00:02:07 | 00:34:58 | 15 | 00:01:19 | 00:25:00 | 32 | 01:13:32 |
| 29 | Magnus Sundström | Umeå Simsällskap | 00:08:25 | 19 | 00:01:06 | 00:39:31 | 29 | 00:00:55 | 00:24:00 | 25 | 01:13:58 |
| 30 | Jyrki Thoren | Säffle | 00:09:58 | 34 | 00:01:29 | 00:40:09 | 34 | 00:00:40 | 00:22:09 | 16 | 01:14:27 |
| 31 | Mats Järlbro | Team LeWa Sport | 00:08:27 | 20 | 00:01:00 | 00:39:51 | 31 | 00:00:52 | 00:24:50 | 31 | 01:15:02 |
| 32 | Lars Eriksson | Lidköping | 00:09:52 | 32 | 00:01:12 | 00:39:53 | 32 | 00:01:22 | 00:24:05 | 26 | 01:16:26 |
| 33 | Erik swedlund | Köping | 00:09:48 | 31 | 00:01:51 | 00:40:09 | 33 | 00:01:25 | 00:23:20 | 23 | 01:16:36 |
| 34 | Johan Östling | Karlstad | 00:10:42 | 44 | 00:01:38 | 00:36:03 | 20 | 00:01:01 | 00:27:30 | 42 | 01:16:56 |
| 35 | Gustav Nygren | I 2 IF Karlstad | 00:10:14 | 39 | 00:01:57 | 00:40:31 | 40 | 00:00:38 | 00:24:48 | 30 | 01:18:09 |
| 36 | Richard Sallmén | Silleruds IF | 00:10:21 | 40 | 00:01:00 | 00:39:50 | 30 | 00:01:11 | 00:26:00 | 36 | 01:18:24 |
| 37 | David Ivarsson | I 2 IF Karlstad | 00:08:49 | 23 | 00:01:45 | 00:40:25 | 38 | 00:01:19 | 00:26:53 | 39 | 01:19:15 |
| 38 | Daniel Elfgren | Örebro | 00:10:04 | 37 | 00:01:54 | 00:41:50 | 44 | 00:01:47 | 00:24:36 | 29 | 01:20:13 |
| 39 | Carl-Fredrik Herö | Special-Elektronik | 00:10:37 | 42 | 00:02:12 | 00:42:54 | 46 | 00:00:43 | 00:24:12 | 27 | 01:20:40 |
| 40 | Fredrik Olausson | I 2 IF Karlstad | 00:09:28 | 27 | 00:01:13 | 00:41:00 | 42 | 00:00:54 | 00:28:07 | 44 | 01:20:44 |
| 41 | Andreas Bergström | CSK Ludvika | 00:10:02 | 36 | 00:01:21 | 00:40:12 | 35 | 00:01:17 | 00:28:58 | 47 | 01:21:51 |
| 42 | Stefan Johansson | Karlstad | 00:09:55 | 33 | 00:02:04 | 00:40:26 | 39 | 00:01:34 | 00:29:59 | 48 | 01:23:59 |
| 43 | Lars Ersäng | Örebro AIK | 00:11:02 | 48 | 00:02:55 | 00:37:57 | 28 | 00:02:12 | 00:30:46 | 49 | 01:24:54 |
| 44 | Kristian Snahr | Sillerud IF | 00:10:44 | 45 | 00:02:03 | 00:45:15 | 50 | 00:00:56 | 00:26:29 | 38 | 01:25:29 |
| 45 | Peter Nilsson | Glava | 00:09:46 | 30 | 00:02:36 | 00:44:19 | 49 | 00:01:28 | 00:27:23 | 41 | 01:25:34 |
| 46 | Lennie Vikström | Glava | 00:12:43 | 51 | 00:02:29 | 00:41:16 | 43 | 00:01:09 | 00:28:06 | 43 | 01:25:44 |
| 47 | David Westerlind | Karlstad | 00:11:19 | 49 | 00:02:20 | 00:42:06 | 45 | 00:01:43 | 00:28:30 | 45 | 01:25:59 |
| 48 | Ian Duguid | | 00:10:48 | 46 | 00:01:51 | 00:44:04 | 48 | 00:00:54 | 00:28:49 | 46 | 01:26:28 |
| 49 | Kristofer Holm | Gunnarskog | 00:11:00 | 47 | 00:02:25 | 00:52:31 | 52 | 00:01:02 | 00:25:05 | 33 | 01:32:05 |
| 50 | Torbjörn Olsson | Hällefors Löparklubb | 00:12:06 | 50 | 00:02:18 | 00:43:42 | 47 | 00:02:26 | 00:31:40 | 50 | 01:32:14 |
| 51 | Henrik Ankarsund | I 2 IF Karlstad | 00:10:41 | 43 | 00:01:44 | 00:40:24 | 36 | 00:02:12 | 00:43:28 | 52 | 01:38:31 |
| 52 | Benny Svensson | | 00:14:30 | 52 | 00:03:15 | 00:47:36 | 51 | 00:02:03 | 00:35:27 | 51 | 01:42:52 |

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SPRINT – DAMER

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|--------------------------------|----------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Annika Appelqvist | I2 IF Karlstad | 00:08:28 | 5 | 00:00:56 | 00:33:58 | 1 | 00:00:59 | 00:21:42 | 1 | 01:06:05 |
| 2 | Camilla Dahlström | I2 IF Karlstad | 00:08:07 | 3 | 00:00:50 | 00:34:30 | 2 | 00:00:51 | 00:23:11 | 5 | 01:07:31 |
| 3 | Ann-Sofi Wetterberg | Team LeWa Sport | 00:07:27 | 2 | 00:00:46 | 00:34:34 | 3 | 00:00:46 | 00:24:12 | 9 | 01:07:46 |
| 4 | Sara Jakobsson | Örebro AIK | 00:08:24 | 4 | 00:01:10 | 00:35:18 | 4 | 00:00:52 | 00:23:05 | 4 | 01:08:49 |
| 5 | Karin Söderqvist | Team LeWa Sport | 00:06:55 | 1 | 00:01:00 | 00:36:47 | 6 | 00:00:47 | 00:23:25 | 6 | 01:08:55 |
| 6 | Charlott Lenback | I2 IF Karlstad | 00:08:51 | 7 | 00:01:05 | 00:36:43 | 5 | 00:00:52 | 00:25:02 | 10 | 01:12:35 |
| 7 | Annelie Buller Grantlund | | 00:11:05 | 22 | 00:00:55 | 00:37:03 | 7 | 00:01:11 | 00:22:54 | 3 | 01:13:10 |
| 8 | Ann-Sofie Lindén | Umara Sports Club | 00:09:47 | 12 | 00:01:13 | 00:37:56 | 9 | 00:01:03 | 00:23:51 | 7 | 01:13:52 |
| 9 | Josefine GULLÖ | I2 IF Karlstad | 00:10:41 | 18 | 00:01:12 | 00:39:14 | 11 | 00:01:04 | 00:22:37 | 2 | 01:14:49 |
| 10 | Mariana Edge | SPIF | 00:09:50 | 13 | 00:01:02 | 00:37:56 | 8 | 00:00:48 | 00:25:54 | 11 | 01:15:31 |
| 11 | Ida Johansson | Örebro AIK | 00:09:54 | 14 | 00:01:02 | 00:38:43 | 10 | 00:00:51 | 00:26:23 | 12 | 01:16:55 |
| 12 | Ulrika Nilsson | Team LeWa Sport | 00:10:27 | 17 | 00:01:21 | 00:40:23 | 12 | 00:01:09 | 00:27:53 | 14 | 01:21:14 |
| 13 | Sara Frisk | I2 IF Karlstad | 00:09:05 | 8 | 00:00:56 | 00:41:58 | 15 | 00:01:14 | 00:30:10 | 18 | 01:23:25 |
| 14 | Elise Forsberg | Tärna Ik Fjällvinden | 00:09:35 | 10 | 00:01:47 | 00:42:59 | 17 | 00:01:34 | 00:28:33 | 15 | 01:24:30 |
| 15 | Josefin Doverlid | Stockholm | 00:12:07 | 27 | 00:03:35 | 00:43:29 | 19 | 00:02:09 | 00:24:11 | 8 | 01:25:32 |
| 16 | Cecilia Sandberg | Linköping | 00:10:12 | 16 | 00:01:55 | 00:46:17 | 24 | 00:01:42 | 00:26:40 | 13 | 01:26:48 |
| 17 | Malin Grundin | Molkom | 00:10:44 | 19 | 00:02:35 | 00:43:21 | 18 | 00:01:16 | 00:28:51 | 16 | 01:26:49 |
| 18 | Anna Erixon | I2 IF Karlstad | 00:10:59 | 20 | 00:02:25 | 00:40:41 | 14 | 00:01:54 | 00:31:07 | 20 | 01:27:08 |
| 19 | Pille Kustov | I2 IF Karlstad | 00:09:37 | 11 | 00:01:18 | 00:43:58 | 20 | 00:01:01 | 00:31:57 | 24 | 01:27:53 |
| 20 | Sofia Gidewall | Stockholm | 00:11:19 | 24 | 00:01:39 | 00:44:56 | 21 | 00:01:30 | 00:29:00 | 17 | 01:28:27 |
| 21 | Sara Olsson | Skattkärr | 00:11:02 | 21 | 00:02:47 | 00:42:23 | 16 | 00:01:26 | 00:31:19 | 23 | 01:29:00 |
| 22 | Elin Persson | | 00:08:48 | 6 | 00:01:05 | 00:45:16 | 22 | 00:01:13 | 00:34:03 | 27 | 01:30:27 |
| 23 | Leonie Hintze | BAWG | 00:09:17 | 9 | 00:01:30 | 00:46:36 | 25 | 00:01:29 | 00:33:58 | 26 | 01:32:52 |
| 24 | Elisabeth Lundqvist Hjalmerhag | | 00:12:40 | 30 | 00:01:35 | 00:45:44 | 23 | 00:01:05 | 00:32:42 | 25 | 01:33:49 |
| 25 | Ulrika Bingsten | IF Sprit IF | 00:11:29 | 25 | 00:01:57 | 00:47:35 | 26 | 00:01:59 | 00:30:50 | 19 | 01:33:51 |
| 26 | Amanda Johansson | | 00:12:12 | 28 | 00:02:43 | 00:50:36 | 29 | 00:02:05 | 00:31:14 | 21 | 01:38:52 |
| 27 | Belinda Johansson | | 00:12:12 | 29 | 00:02:50 | 00:50:31 | 28 | 00:02:04 | 00:31:14 | 22 | 01:38:52 |

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|------------|------------------------|------------------|----------|----|----------|----------|----|----------|----------|----|----------|
| 28 | Marie Björn | IF Göta Karlstad | 00:11:48 | 26 | 00:02:28 | 00:48:30 | 27 | 00:03:00 | 00:43:01 | 28 | 01:48:50 |
| 29 | Margaretha Hedqwist | Karlstad | 00:11:08 | 23 | 00:03:42 | 01:00:43 | 30 | 00:01:56 | 00:43:44 | 29 | 02:01:15 |
| 30 | Louise Hägglöf Almbris | Stockholm | 00:12:45 | 31 | 00:01:25 | 01:03:15 | 31 | 00:01:06 | 00:50:02 | 30 | 02:08:36 |
| DNF | Monica Widén | I 2 IF Karlstad | 00:10:09 | 15 | 00:02:13 | 00:40:31 | 13 | 00:01:33 | | | |

SPRINT – STAFETT (UNISEX)

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------------|---------------------------|---------------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | I2 IF Karlstad | I2 IF Karlstad | 00:05:39 | 1 | 00:00:21 | 00:34:22 | 1 | 00:00:32 | 00:20:34 | 2 | 01:01:29 |
| 2 | CMA | CMA | 00:08:48 | 4 | 00:01:11 | 00:37:15 | 2 | 00:00:45 | 00:22:35 | 4 | 01:10:35 |
| 3 | Familjen Saleskog/Nilsson | Familjen Saleskog/Nilsson | 00:10:33 | 7 | 00:00:26 | 00:39:36 | 6 | 00:00:39 | 00:19:40 | 1 | 01:10:55 |
| 4 | Gustavsson-Harstad | Gustavsson-Harstad | 00:07:21 | 2 | 00:00:31 | 00:40:34 | 7 | 00:00:42 | 00:22:18 | 3 | 01:11:28 |
| 5 | Lewa Sport | Lewa Sport | 00:08:49 | 5 | 00:00:31 | 00:38:06 | 4 | 00:00:44 | 00:25:56 | 6 | 01:14:08 |
| 6 | Landoff | Landoff | 00:08:45 | 3 | 00:00:22 | 00:38:07 | 5 | 00:00:44 | 00:28:41 | 7 | 01:16:41 |
| 7 | Optimisterna | Optimisterna | 00:09:03 | 6 | 00:00:33 | 00:37:45 | 3 | 00:01:34 | 00:29:45 | 8 | 01:18:42 |
| 8 | Team Westby | Team Westby | 00:11:15 | 8 | 00:00:28 | 00:43:22 | 8 | 00:00:46 | 00:25:49 | 5 | 01:21:43 |
| DNF | Team Cx3 | Team Cx3 | | | | 01:35:15 | | 00:00:41 | 00:55:59 | | |

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7-11 ÅR – FLICKOR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|-------------------------|-------------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Ella Bäcker | Grums Simsällskap | 00:01:56 | 1 | 00:00:30 | 00:11:44 | 1 | | | | 00:19:49 |
| 2 | Moa Wetterberg | Motala | 00:02:27 | 3 | 00:00:30 | | | | 00:04:59 | 1 | 00:21:45 |
| 3 | Siri Frisk | I 2 IF Karlstad | 00:02:31 | 4 | 00:00:30 | | | | 00:05:47 | 2 | 00:25:15 |
| 4 | Elsa Kling | Gf Karlstadsgymnasterna | 00:02:37 | 8 | 00:00:30 | | | | 00:05:57 | 4 | 00:25:29 |
| 5 | Vera Nilson | Team LeWa Sport | 00:02:00 | 2 | 00:00:30 | | | | 00:06:36 | 6 | 00:25:42 |
| 6 | Maja Alsterdal | IF Göta Karlstad | 00:02:39 | 9 | 00:00:30 | 00:15:27 | 2 | 00:00:58 | 00:06:21 | 5 | 00:25:56 |
| 7 | Thea Wingskog | Ulfsby If | 00:02:32 | 5 | 00:00:30 | 00:15:52 | 3 | 00:00:48 | 00:06:54 | 12 | 00:26:38 |
| 8 | Carma Daggert | OK Tyr | 00:02:36 | 6 | 00:00:30 | | | | 00:05:52 | 3 | 00:27:33 |
| 9 | Nova Olofsson | I 2 IF Karlstad | 00:02:43 | 11 | 00:00:30 | | | | 00:06:45 | 10 | 00:28:10 |
| 10 | Agnes Lindqvist | I2 IF Triathlon | 00:02:42 | 10 | 00:00:30 | | | | 00:06:38 | 7 | 00:28:17 |
| 11 | Frida Dahlstedt | Ulvsby IF | 00:02:36 | 7 | 00:00:30 | | | | 00:06:51 | 11 | 00:30:12 |
| 12 | Desirée Nilsson-Osbrink | Grava SK | 00:02:50 | 12 | 00:00:30 | | | | 00:06:39 | 8 | 00:31:22 |
| 13 | Dagny Thörngren | Kil | 00:04:09 | 13 | 00:00:30 | 00:20:15 | 4 | 00:00:48 | 00:06:41 | 9 | 00:32:24 |
| 14 | Ester Forsberg | I 2 IF Karlstad | 00:04:11 | 14 | 00:02:47 | | | | 00:08:47 | 13 | 00:38:30 |

Resultat 2018



7-11 ÅR – POJKAR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|--------------------------|-----------------|----------|--------|----------|----------|----------|----------|----------|--------|----------|
| 1 | Theo Jern | Hammarö | 00:02:51 | 6 | 00:00:30 | | | | 00:04:57 | 1 | 00:22:16 |
| 2 | Aksel Holvik | OIS | 00:02:42 | 5 | 00:00:30 | 00:13:24 | 1 | 00:00:39 | 00:05:00 | 2 | 00:22:17 |
| 3 | Melker Thoren | Säffle | 00:02:52 | 7 | 00:00:30 | | | | 00:05:25 | 4 | 00:23:11 |
| 4 | Malte Sallmén | IK Spring Väst | 00:02:38 | 2 | 00:00:30 | 00:14:10 | 2 | 00:00:46 | 00:05:08 | 3 | 00:23:13 |
| 5 | Lucas Jansson | I 2 IF Karlstad | 00:02:39 | 3 | 00:00:30 | | | | 00:06:09 | 7 | 00:24:23 |
| 6 | Victor Johansson | I2 IF Triathlon | 00:02:40 | 4 | 00:00:30 | | | | 00:06:09 | 8 | 00:24:23 |
| 7 | Philip Jansson | | 00:02:52 | 8 | 00:00:30 | | | | | | 00:25:07 |
| 8 | Edvin Håkansson | Sunne | 00:03:02 | 13 | 00:00:30 | | | | 00:06:59 | 11 | 00:26:03 |
| 9 | Ebbe Thörngren | Kil | 00:02:55 | 9 | 00:00:30 | | | | 00:06:22 | 9 | 00:26:38 |
| 10 | Isak Mathiasson | Deje IK | 00:03:01 | 12 | 00:00:30 | | | | 00:06:22 | 10 | 00:26:57 |
| 11 | Emanuel Forsberg | I 2 IF Karlstad | 00:03:00 | 11 | 00:00:30 | 00:16:48 | 3 | 00:01:00 | 00:05:50 | 6 | 00:27:08 |
| 12 | William Sallmén | IK Spring Väst | 00:02:59 | 10 | 00:00:30 | 00:18:48 | 6 | 00:00:50 | 00:05:44 | 5 | 00:28:53 |
| 13 | Milton Karlsson Linander | | 00:03:03 | 14 | 00:00:30 | | | | 00:07:40 | 12 | 00:29:07 |
| 14 | Arvid Dahlstedt | Ulvsby IF | 00:02:29 | 1 | 00:00:30 | | | | 00:08:17 | 14 | 00:29:55 |
| 15 | Lucas Fransson | Karlstad | 00:03:54 | 15 | 00:00:30 | 00:18:35 | 5 | 00:00:58 | 00:07:41 | 13 | 00:31:39 |
| 16 | Airon Ankarsund | I 2 IF Karlstad | 00:04:12 | 16 | 00:00:30 | 00:18:13 | 4 | 00:00:58 | 00:12:16 | 15 | 00:36:10 |

Resultat 2018



12-13 ÅR – FLICKOR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|-------------------|------------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Selma Westman | Umeå Simsällskap | 00:02:09 | 3 | 00:00:30 | | | | | | 00:18:45 |
| 2 | Linnea Bruce Holm | Säffle | 00:01:54 | 1 | 00:00:30 | | | | | | 00:19:41 |
| 3 | Anna Söderqvist | Team LeWa Sport | 00:02:16 | 4 | 00:00:00 | | | | | | 00:20:12 |
| 4 | Josefine Landoff | Team LeWa Sport | 00:02:18 | 5 | 00:00:30 | | | | 00:05:16 | 1 | 00:21:26 |
| 5 | Saga Dahlstedt | Ulvsby IF | 00:02:06 | 2 | 00:00:30 | 00:14:45 | 1 | 00:00:41 | 00:06:32 | 2 | 00:24:36 |

12-13 ÅR – POJKAR

| PLAC | NAMN | KLUBB | SIM | SIM PL | T1 | CYKEL | CYKEL PL | T2 | LÖP | LÖP PL | TOTALTID |
|------|----------------|-----------------|----------|--------|----------|----------|-------------|----------|----------|--------|----------|
| 1 | Andreas Holvik | I 2 IF Karlstad | 00:02:10 | 1 | 00:00:30 | 00:11:28 | 1 | 00:00:00 | 00:05:40 | 1 | 00:19:48 |