

Låångskidan/Öppet DM Uppland

2024-01-21

Mix 0-8 3km

Plats	Startnr	Namn	Klubb	
	156	Albert Bertlid	XC sthlm	Godkänd
	158	Leo Dahl	Mälare SOK	Godkänd
	159	Assar Gerdlöf	Häverödals SK	Godkänd
	157	EJ START Love Söderqvist	Storvreta IK	Ej start

Tjejer 9-10 5km

Plats	Startnr	Namn	Klubb		
1	151	Alice Eggöy Markhester	Huddinge SK LF	29:34.8 (29:34.8)	0.0
2	150	Ellen Abrahamsson Blanck	Storvreta IK	33:03.6 (33:03.6)	+3:28.8
3	154	Linnea Ekeljung	Storvreta IK	34:06.1 (34:06.1)	+4:31.3
4	153	Lisa Bäckström	Storvreta IK	35:20.4 (35:20.4)	+5:45.6
5	149	Tyra Ahlberg	Täby IS SK	39:02.7 (39:02.7)	+9:27.9
6	152	Signe Brodén	Östervåla IF	40:04.2 (40:04.2)	+10:29.4

Killar 9-10 5km

Plats	Startnr	Namn	Klubb		
1	147	Mille Boman	Häverödals SK	27:32.9 (27:32.9)	0.0
2	145	Valdemar Josefsson	IK Rex	32:26.3 (32:26.3)	+4:53.4
3	146	Einar Porsö	OK Linné	42:03.7 (42:03.7)	+14:30.8

Tjejer 11-12 7,5km

Plats	Startnr	Namn	Klubb
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1	144	Stina Persson	Häverödals SK	32:49.2 (32:49.2)	0.0
2	141	Nora Johansson	Täby IS SK	32:59.0 (32:59.0)	+9.8
3	123	Stella Kregert	Tierps IF	33:19.4 (33:19.4)	+30.2
4	139	Stina Colliander	Häverödals SK	33:21.6 (33:21.6)	+32.4
5	143	Ellen Josefsson	IK Rex	36:39.5 (36:39.5)	+3:50.3
6	133	Tyra Widenfalk	Storvreta IK	37:19.4 (37:19.4)	+4:30.2
7	129	Iris Abrahamsson Blanck	Storvreta IK	41:11.3 (41:11.3)	+8:22.1
8	137	Lovisa Frisell	Gimo IF SK	42:53.9 (42:53.9)	+10:04.7
9	135	Hilda Mattsson	Gimo IF SK	44:02.1 (44:02.1)	+11:12.9
10	127	Stina Sundén	Huddinge SK LF	44:23.7 (44:23.7)	+11:34.5
11	131	Karin Porsö	OK Linné	47:40.0 (47:40.0)	+14:50.8
12	121	Elsa Edwardsson	Täby IS SK	50:00.6 (50:00.6)	+17:11.4
	125	Ej START Stina Alp	Häverödals SK	Ej start	

Killar 11-12 7,5km

Plats	Startnr	Namn	Klubb		
1	105	Ville Berglund Aune	Tierps IF	28:49.7 (28:49.7)	0.0
2	113	David Bäckström	Storvreta IK	30:00.2 (30:00.2)	+1:10.5
3	117	Arvid Edwardsson	Täby IS SK	32:09.3 (32:09.3)	+3:19.6
4	111	Harry Brodén	Östervåla IF	34:49.5 (34:49.5)	+5:59.8
5	107	Albin Karlsson	Turebergs IF SOK	36:45.7 (36:45.7)	+7:56.0
6	115	Isak Erik Arnland	Storvreta IK	40:29.2 (40:29.2)	+11:39.5

7	109	Gustav Eneqvist	Huddinge SK LF	41:07.7 (41:07.7)	+12:18.0
	103	EJ START - Isac Holm	Storvreta IK	Ej start	

Tjejer 13-14 12,5km

Plats	Startnr	Namn	Klubb		
1	136	Ebba Engman	Häverödals SK	42:35.3 (42:35.3)	0.0
2	122	Lovisa Nederheim	Täby IS SK	44:42.2 (44:42.2)	+2:06.9
3	132	Cajsa Sundén	Huddinge SK LF	46:34.9 (46:34.9)	+3:59.6
4	142	Carla Dovander	Täby IS SK	46:59.2 (46:59.2)	+4:23.9
5	138	Beata du Hane	Sundbybergs IK	51:08.2 (51:08.2)	+8:32.9
6	126	Alice Ekeljung	Storvreta IK	51:51.2 (51:51.2)	+9:15.9
7	96	Ninon Vischel	Storvreta IK	56:01.9 (56:01.9)	+13:26.6
8	134	Lotten Fridén	Nacka Värmdö SK	57:15.5 (57:15.5)	+14:40.2
9	124	Teresa-Victoria Thalín Navia	Storvreta IK	59:18.4 (59:18.4)	+16:43.1
10	140	Svea Brandel	Östervåla IF	1:01:56.7 (1:01:56.7)	+19:21.4
	128	EJ START Jenny Alp	Häverödals SK	Ej start	
	130	EJ START - Linnea Holm	Storvreta IK	Ej start	

Killar 13-14 12,5km

Plats	Startnr	Namn	Klubb		
1	108	Elias Vikman	Bålsta SK	41:44.8 (41:44.8)	0.0
2	101	Tage Strandell	Storvreta IK	44:24.7 (44:24.7)	+2:39.9
3	119	Walter Vikman	Bålsta SK	45:25.5 (45:25.5)	+3:40.7
4	106	Sixten	Huddinge SK LF	46:39.5	+4:54.7

		Eneqvist		(46:39.5)	
5	114	Folke Åhlin	Vassunda IF	46:46.4 (46:46.4)	+5:01.6
6	116	Alfred Skogsjö	Nacka Värmdö SK	47:41.7 (47:41.7)	+5:56.9
7	118	Harald Lindqvist	IK Rex	48:39.5 (48:39.5)	+6:54.7
8	98	Melker Karlsson	Häverödals SK	52:19.6 (52:19.6)	+10:34.8
9	112	Carl Hinnerich	Täby IS SK	53:56.5 (53:56.5)	+12:11.7
10	110	Oscar Rygran	Mälärö SOK	54:49.0 (54:49.0)	+13:04.2
11	100	Joel Larsson	Gimo IF SK	1:03:48.7 (1:03:48.7)	+22:03.9
12	120	Adam Arnland	Storvreta IK	1:07:14.9 (1:07:14.9)	+25:30.1
13	102	Ville Mattsson	Gimo IF SK	1:12:30.5 (1:12:30.5)	+30:45.7
	104	EJ START Oskar Östlund	Tierps IF	Ej start	

Tjejer 15-16 15km (2x7,5)

Plats	Startnr	Namn	Klubb			
1	85	Siri Colliander	Häverödals SK	1, 26:37.2 (26:37.2)	53:25.7 (26:48.6)	0.0
2	77	Alva Boman	Häverödals SK	2, 28:08.7 (28:08.7)	57:06.5 (28:57.8)	+3:40.8
3	83	Meja Bylund	Häverödals SK	3, 28:38.8 (28:38.8)	57:23.8 (28:45.1)	+3:58.1
4	91	Signe Thoreson	Häverödals SK	5, 29:38.7 (29:38.7)	1:00:08.4 (30:29.8)	+6:42.7
5	99	Pauline Dahl	Mälärö SOK	4, 29:32.3 (29:32.3)	1:00:28.7 (30:56.4)	+7:03.0
6	95	Lovisa Einarsson	Häverödals SK	6, 30:08.7 (30:08.7)	1:01:22.4 (31:13.8)	+7:56.7
7	93	Ida Jansson	Häverödals SK	7, 31:16.2 (31:16.2)	1:03:13.9 (31:57.7)	+9:48.2
8	81	Edit Valman	Vassunda IF	9, 32:21.2 (32:21.2)	1:03:31.3 (31:10.2)	+10:05.6
9	97	Emma Mattsson	Gimo IF SK	8, 31:56.2 (31:56.2)	1:04:48.2 (32:52.0)	+11:22.5

79	EJ START Molly Joelsson	Östervåla IF	-	Ej start
87	EJ START Ethel Noppa	Storvreta IK	-	Ej start
89	EJ START Lotta Huotari	Häverödals SK	-	Ej start

Killar 15-16 15km (2x7,5)

Plats	Startnr	Namn	Klubb			
1	53	Elias Eklund	IK Rex	2, 25:16.3 (25:16.3)	49:12.4 (23:56.1)	0.0
2	69	Alexander Thalin Navia	Storvreta IK	1, 25:15.1 (25:15.1)	50:57.3 (25:42.2)	+1:44.9
3	45	Oscar Persson	IK Rex	4, 27:08.4 (27:08.4)	52:19.4 (25:11.1)	+3:07.0
4	61	Gustav Eggöy Markhester	Huddinge SK LF	3, 27:05.3 (27:05.3)	54:26.6 (27:21.4)	+5:14.2
5	71	Vilhelm Söderman	Gimo IF SK	5, 27:34.0 (27:34.0)	55:33.0 (27:59.0)	+6:20.6
6	73	Carl Thoresson	Häverödals SK	6, 28:35.8 (28:35.8)	56:34.8 (27:59.0)	+7:22.4
7	49	Sigge Magnusson	Sundbybergs IK	8, 29:27.3 (29:27.3)	57:01.5 (27:34.2)	+7:49.1
8	57	Oscar Ekeljung	Storvreta IK	7, 28:49.1 (28:49.1)	58:03.2 (29:14.2)	+8:50.8
9	51	Elton Johnsson	Vassunda IF	10, 30:13.4 (30:13.4)	1:00:24.5 (30:11.1)	+11:12.1
10	63	Melker Brodén	Östervåla IF	9, 29:45.8 (29:45.8)	1:00:32.4 (30:46.7)	+11:20.0
11	65	Axel Borell	IK Rex	12, 31:46.5 (31:46.5)	1:02:12.9 (30:26.4)	+13:00.5
12	55	Albin Larsson	IK Rex	11, 31:01.9 (31:01.9)	1:02:24.0 (31:22.1)	+13:11.6
13	47	Erik Larsson	Gimo IF SK	14, 32:18.5 (32:18.5)	1:04:37.0 (32:18.6)	+15:24.6
14	59	Hugo Hellman	Storvreta IK	13, 31:48.2 (31:48.2)	1:05:08.8 (33:20.7)	+15:56.4
	67	EJ START Malte Östlund	Kungsgårdens SK	-	Ej start	

D 17-20 20km (2x10)

Plats	Startnr	Namn	Klubb		
	39	EJ START Hedvig Lindqvist	IK Rex	-	Ej start

H 17-20 25km (2x12,5)

Plats	Startnr	Namn	Klubb			
1	94	Filip Borell	IK Rex	1, 47:37.1 (47:37.1)	1:37:12.8 (49:35.8)	0.0

D21 30km (3x10)

Plats	Startnr	Namn	Klubb				
1	35	Stella Winell	Storvreta IK	1, 37:11.5 (37:11.5)	1, 1:13:48.3 (36:36.9)	1:50:33.6 (36:45.3)	0.0
2	31	Anna Marklund	Skellefteå XC	3, 43:44.1 (43:44.1)	2, 1:26:52.8 (43:08.7)	2:10:32.8 (43:40.1)	+19:59.2
3	41	Elsa Alexandersson	IK Rex	2, 43:25.8 (43:25.8)	3, 1:28:12.1 (44:46.4)	2:11:37.7 (43:25.7)	+21:04.1
4	33	Nina Wallander	Stockholms RK	4, 57:03.9 (57:03.9)	4, 1:57:51.8 (1:00:47.9)	2:59:16.5 (1:01:24.8)	+1:08:42.9
5	27	Thea Moreau	Engelbrektsloppet	5, 1:05:14.8 (1:05:14.8)	5, 2:12:53.0 (1:07:38.3)	3:18:07.8 (1:05:14.8)	+1:27:34.2
6	29	Moa Moreau	Engelbrektsloppet	6, 1:16:56.0 (1:16:56.0)	6, 2:36:30.7 (1:19:34.7)	3:52:54.5 (1:16:23.9)	+2:02:20.9

H21 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	92	Kristian Tufvesson	IK Rex	1, 36:05.7 (36:05.7)	1, 1:13:09.3 (37:03.7)	1, 1:51:14.7 (38:05.5)	2:30:40.3 (39:25.6)	0.0
2	84	Oscar Stenhammar	IK Rex	3, 38:29.5 (38:29.5)	2, 1:17:10.8 (38:41.4)	2, 1:55:13.5 (38:02.8)	2:33:31.0 (38:17.5)	+2:50.7
3	80	Markus Lundholm	OK Renen	2, 38:14.4 (38:14.4)	3, 1:17:48.7 (39:34.4)	3, 1:57:09.6 (39:20.9)	2:36:40.5 (39:31.0)	+6:00.2
4	72	Mattias Slothus	Uppsala VK	4, 40:03.4 (40:03.4)	4, 1:20:43.0 (40:39.6)	4, 2:00:56.6 (40:13.6)	2:42:24.4 (41:27.9)	+11:44.1
5	78	Ted Fredriksson	Storvreta IK	5, 40:25.9 (40:25.9)	5, 1:21:28.4 (41:02.5)	5, 2:04:12.4 (42:44.0)	2:46:38.1 (42:25.8)	+15:57.8
6	86	Joar Svartholm	Bergnäsets AIK	6, 43:02.9 (43:02.9)	6, 1:27:39.6 (44:36.8)	6, 2:13:05.6 (45:26.0)	3:00:17.8 (47:12.2)	+29:37.5
7	88	Gustaf Johansson	XC Sthlm Ski Club	7, 45:36.2 (45:36.2)	7, 1:31:55.2 (46:19.0)	7, 2:18:31.2 (46:36.0)	3:05:15.8 (46:44.7)	+34:35.5

8	76	Linus Pettersson	IK Rex	8, 49:08.9 (49:08.9)	8, 1:39:16.4 (50:07.6)	8, 2:30:50.7 (51:34.3)	3:21:23.7 (50:33.0)	+50:43.4
9	25	Mattias Svedman	Forsmarks IF	9, 56:06.1 (56:06.1)	9, 1:50:45.2 (54:39.2)	9, 2:48:14.5 (57:29.3)	3:44:27.4 (56:13.0)	+1:13:47.1
	82	EJ START Robin Cardfelt	Snö & Tö Skidklubb	-	-	-	Ej start	

D35 30km (3x10)

Plats	Startnr	Namn	Klubb					
1	17	Malin Bjurhager	Täby IS SK	1, 50:32.8 (50:32.8)	1, 1:45:06.5 (54:33.7)	2:34:48.4 (49:42.0)	0.0	
2	23	Anette Rönnberg	Häverödals SK	2, 56:55.5 (56:55.5)	2, 1:54:07.1 (57:11.6)	2:53:02.6 (58:55.6)	+18:14.2	
3	21	Mikaela Forsgren	Stöcke	3, 1:04:29.1 (1:04:29.1)	3, 2:11:35.7 (1:07:06.6)	3:18:23.6 (1:06:48.0)	+43:35.2	
	19	EJ START Caroline Eckemalm	Tierps IF	-	-	Ej start		

H35 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	52	Erik Åhlin	Aktivitetssklubben Smärtan och Glädjen	2, 36:42.7 (36:42.7)	1, 1:13:24.3 (36:41.6)	1, 1:51:04.2 (37:39.9)	2:29:37.3 (38:33.2)	0.0
2	70	Pontus Karlsson	Turebergs IF SOK	1, 36:23.2 (36:23.2)	2, 1:13:37.2 (37:14.0)	2, 1:51:49.2 (38:12.1)	2:30:53.4 (39:04.3)	+1:16.1
3	54	Andreas Degerfeldt	Turebergs IF SOK	3, 37:23.8 (37:23.8)	3, 1:14:43.1 (37:19.3)	3, 1:52:46.0 (38:02.9)	2:31:08.3 (38:22.4)	+1:31.0
4	50	Mandus Andersson	IK Rex	4, 38:10.4 (38:10.4)	4, 1:16:38.5 (38:28.2)	4, 1:55:04.0 (38:25.5)	2:33:52.5 (38:48.6)	+4:15.2
5	56	Johan Thalín	Storvreta IK	6, 39:00.1 (39:00.1)	5, 1:17:42.7 (38:42.7)	5, 1:56:37.5 (38:54.8)	2:36:08.6 (39:31.2)	+6:31.3
6	62	Fredrik Björk	IK Rex	5, 38:46.1 (38:46.1)	6, 1:17:44.7 (38:58.7)	6, 1:56:42.8 (38:58.2)	2:36:43.5 (40:00.7)	+7:06.2
7	48	Fredrik Lindgren	IKHP Huskvarna Idrottsklubb	7, 39:14.4 (39:14.4)	7, 1:19:01.8 (39:47.4)	7, 1:59:34.5 (40:32.8)	2:40:08.3 (40:33.9)	+10:31.0
8	58	David Höglund	IF Thor	8, 39:31.1 (39:31.1)	8, 1:19:19.8 (39:48.7)	8, 2:00:57.9 (41:38.1)	2:43:58.5 (43:00.7)	+14:21.2
9	42	Mika Sällinen	Häverödals SK	12, 42:07.8 (42:07.8)	11, 1:23:36.9 (41:29.2)	10, 2:06:01.4 (42:24.5)	2:49:03.8 (43:02.4)	+19:26.5
10	44	Tomas Stenström	Aktivitetssklubben Smärtan och	10, 41:01.0 (41:01.0)	10, 1:22:24.5 (41:23.5)	9, 2:04:58.7 (42:34.3)	2:49:37.0 (44:38.3)	+19:59.7

Glädjen

11	66	Jonas Jung	Uppsala Vasaloppsklubb	11, 41:54.9 (41:54.9)	12, 1:25:23.2 (43:28.3)	11, 2:09:27.7 (44:04.6)	2:54:11.1 (44:43.5)	+24:33.8
12	68	Mattias Johansson	Täby IS SK	13, 42:50.4 (42:50.4)	13, 1:28:09.1 (45:18.7)	12, 2:15:04.9 (46:55.8)	3:04:07.7 (49:02.9)	+34:30.4
13	38	Niklas Tillman	Storvreta IK	15, 44:46.9 (44:46.9)	14, 1:30:37.3 (45:50.4)	13, 2:16:47.6 (46:10.4)	3:04:11.4 (47:23.8)	+34:34.1
14	60	Marcus Svedare	IK Rex	16, 49:49.7 (49:49.7)	15, 1:40:42.9 (50:53.2)	14, 2:31:51.5 (51:08.7)	3:24:34.0 (52:42.5)	+54:56.7
15	64	Petter Leife	Häverödals SK	17, 52:27.9 (52:27.9)	16, 1:44:30.4 (52:02.5)	15, 2:35:47.8 (51:17.5)	3:26:33.1 (50:45.4)	+56:55.8
	46	Fredrik Helander	Turebergs IF SOK	9, 39:44.9 (39:44.9)	9, 1:19:53.1 (40:08.2)	-	Brutit	
	40	Peter Gerdlöf	Häverödals SK	14, 43:53.6 (43:53.6)	-	-	Brutit	

D45 30km (3x10)

Plats	Startnr	Namn	Klubb					
1	13	Petra Söderqvist	Storvreta IK	1, 40:51.5 (40:51.5)	1, 1:21:57.6 (41:06.1)	2:04:53.1 (42:55.6)	0.0	
2	7	Kristin Hellman	Storvreta IK	2, 44:47.8 (44:47.8)	2, 1:30:30.9 (45:43.1)	2:17:21.1 (46:50.3)	+12:28.0	
3	11	Michaela Forster	Mälare SOK	4, 52:15.4 (52:15.4)	3, 1:45:59.3 (53:43.9)	2:37:49.5 (51:50.3)	+32:56.4	
	9	Susanne Persson	Gimo IF SK	3, 46:27.4 (46:27.4)	-	Brutit		
	5	EJ START - Erika Skogsjö	Nacka Värmdö SK	-	-	Ej start		

H45 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	15	Erik Arnland	Storvreta IK	2, 40:31.6 (40:31.6)	-	2, 1:58:58.0 (39:03.4)	2:38:01.3 (39:03.4)	0.0
2	20	Magnus Burling	Täby IS SK	1, 40:27.7 (40:27.7)	1, 1:18:47.7 (38:20.1)	1, 1:58:37.1 (39:49.5)	2:38:55.6 (40:18.6)	+54.3
3	14	Björn Winell	Storvreta IK	3, 40:58.6 (40:58.6)	2, 1:20:38.8 (39:40.2)	3, 2:02:06.5 (41:27.7)	2:44:24.8 (42:18.4)	+6:23.5
4	36	David Starck	OK Roslagen	5, 41:39.1 (41:39.1)	4, 1:22:51.5 (41:12.5)	5, 2:04:38.1 (41:46.7)	2:46:59.6 (42:21.5)	+8:58.3
5	34	Johan Isaksson	Aktivitetsklubben Smärtan och Glädjen	7, 42:35.7 (42:35.7)	6, 1:23:57.3 (41:21.7)	7, 2:05:41.1 (41:43.8)	2:48:04.0 (42:22.9)	+10:02.7

6	32	Tommy Vikman	Bålsta SK	4, 41:30.8 (41:30.8)	3, 1:22:24.0 (40:53.2)	6, 2:04:46.3 (42:22.4)	2:48:23.1 (43:36.8)	+10:21.8
7	18	Fredrik Norman	Järvsö IF	8, 42:54.5 (42:54.5)	7, 1:25:26.6 (42:32.1)	4, 2:03:19.8 (37:53.3)	2:48:30.1 (45:10.3)	+10:28.8
8	30	Micael Lindgren	Storvreta IK	6, 42:03.7 (42:03.7)	5, 1:23:31.7 (41:28.1)	8, 2:06:10.3 (42:38.7)	2:51:46.0 (45:35.8)	+13:44.7
9	28	Christian Jansson	Roslagsbro IF	10, 43:39.2 (43:39.2)	9, 1:28:05.3 (44:26.2)	10, 2:14:26.8 (46:21.6)	3:01:34.3 (47:07.6)	+23:33.0
10	22	Fredrik Skogsjö	Nacka Värmdö SK	9, 43:27.5 (43:27.5)	8, 1:27:34.2 (44:06.8)	9, 2:13:21.4 (45:47.3)	3:02:51.8 (49:30.5)	+24:50.5
11	12	Henrik Edwardsson	Turebergs IF SOK	11, 45:26.4 (45:26.4)	10, 1:29:53.6 (44:27.3)	11, 2:16:30.0 (46:36.4)	3:05:26.5 (48:56.6)	+27:25.2
12	10	Torbjörn Blom	Valbo AIF	12, 47:36.2 (47:36.2)	11, 1:33:39.0 (46:02.9)	12, 2:20:55.1 (47:16.2)	3:08:30.9 (47:35.8)	+30:29.6
13	8	Jörgen Hartikanen	Uppsala VK	13, 49:19.8 (49:19.8)	12, 1:38:00.9 (48:41.2)	13, 2:28:50.9 (50:50.0)	3:22:37.6 (53:46.8)	+44:36.3
14	16	Anders Jorlin	Eds SK	14, 51:29.4 (51:29.4)	13, 1:44:27.2 (52:57.9)	14, 2:40:35.0 (56:07.9)	3:41:20.7 (1:00:45.7)	+1:03:19.4
	3	David Aguilar	Snö o Tö SK	15, 55:00.9 (55:00.9)	-	-	Brutit	
	24	EJ START Per Eklund	IK Rex	-	-	-	Ej start	

D55 30km (3x10)

Plats	Startnr	Namn	Klubb					
1	1	Anna Dandenell	Axa SC	1, 43:52.1 (43:52.1)	1, 1:27:03.2 (43:11.2)	2:11:25.2 (44:22.0)	0.0	

H55 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	6	Magnus Graas	Storvreta IK	1, 33:03.8 (33:03.8)	1, 1:12:23.8 (39:20.0)	1, 1:53:07.3 (40:43.6)	2:33:32.2 (40:25.0)	0.0
2	4	Henrik Moreau	Engelbrektsloppet	2, 1:05:57.0 (1:05:57.0)	2, 2:11:45.2 (1:05:48.3)	2, 3:22:30.0 (1:10:44.8)	4:37:43.4 (1:15:13.5)	+2:04:11.2

H65 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	2	Björn Robert Lindberg	Öregrundsk IK	1, 50:34.5 (50:34.5)	1, 1:38:27.8 (47:53.4)	1, 2:26:57.4 (48:29.6)	3:14:29.5 (47:32.2)	0.0

VAKANT

Plats	Startnr	Namn	Klubb
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37	EJ START		-	Ej start
75	EJ START	VAKANT	-	Ej start
148	EJ START	VAKANT	-	Ej start

Motion Mix 30km (3x10)

Plats	Startnr	Namn	Klubb				
1	43	Robert Ehrin	Forsmarks IF	1, 52:03.9 (52:03.9)	1, 1:42:16.2 (50:12.4)	2:34:59.2 (52:43.1)	0.0

Motion Mix 50km (4x12,5)

Plats	Startnr	Namn	Klubb					
1	26	Britta Rönntoft	Forsmarks IF	1, 55:46.1 (55:46.1)	1, 1:50:12.5 (54:26.4)	1, 2:51:30.3 (1:01:17.8)	3:44:33.2 (53:02.9)	0.0

Motion Mix 25km (2x12,5km)

Plats	Startnr	Namn	Klubb			
1	90	Nils Salomonsson	Klubblös	1, 44:45.6 (44:45.6)	1:29:00.9 (44:15.3)	0.0